

## Frequently asked questions about VOLUNTEERING at Community Food Share

### 1. Where are you located?

We are located between Niwot and Gunbarrel,  $\frac{3}{4}$  mile East of IBM, off Hiway 52. Please use our [website: communityfoodshare.org](http://communityfoodshare.org) for a link to a map, written directions and more information about us.

### 2. Any clothing safety concerns?

**YES!**, Everyone in the warehouse **must wear shoes that cover your toes, no sandals, no Crocs, no sleeveless shirts (or spaghetti straps), no torn or excessively ragged clothing.** All clothing should be appropriate for a working warehouse environment. If you have questions, please call Sue at (303) 652-3663 ext. 202.

### 3. What are the regular warehouse volunteering hours?

**Any 3 hour period or more.** Mon., Wed., Thurs. and Fri. = 8:30 am – 3:30 pm  
Tues. = 8:30 am – 6:30 pm  
**Driver assist. Time slot is** Mon. thru. Fri = 7:00am – 12:30pm  
(need **muscle** to help driver load and unload truck)

### 4. What's available if I work or go to school M – F, 8 – 5?

Tuesday evening is the best bet. It's a drop-in thing. Arrive around 3:30 in the afternoon and know that we will always go until 6:30pm, sometimes later. Call if you are bringing a group of 5 or more, but if it's just you, ***come on down!***  
We also need a few adult volunteers every Saturday from 8am to 2 pm to help with our Feeding Families program. There are limited spaces on Saturdays, please call and talk with Sue.

### 5. Can I do my Community Service, required by school, Scouts, community of faith, or COURT at CFS?

**YES**, we thrive on a consistent number of community service volunteers, **please call our business phone (303) 652 3663 and listen to extension 6.**

### 6. What will I be doing in the warehouse?

Organizing, sorting, restocking, bagging or repacking donations of food so that it's ready to be distributed to the agencies or families that we serve. You can also help us pull orders for agencies, load and unload trucks and do some basic cleaning and organizing of the warehouse.

### 7. Is there a volunteer orientation?

Yes, all volunteers must read a list of safety standards for the warehouse and sign that document. There is also a video that portrays these same regulations. If you are considering volunteering on a weekly or monthly basis for 6 months or more, please call to schedule a 30 minute volunteer orientation that includes a tour of our facility and an offering of a wide variety of volunteer job choices.

If you are **REQUIRED to do Community Service** by any institution (school, scouts, community of faith or court), you **MUST** call CFS, listen to our information about scheduling (extension 6) and attend an orientation session. Orientations are **every Monday:** **10 - 11am or 4 – 5pm**

*(if Monday is a National Holiday, please call for clarification)*

### 8. What other seasonal volunteer job possibilities are there?

Gleaning from mid-July to mid-Oct., Sorting food drive donations from mid-Nov. to mid-Jan., mid-March, etc. **Please see the attached document** for a listing of current jobs:

**Questions:** Please listen to our recorded message first: (303) 652-3663, extension 6 and then, if you have questions, call Sue Ericson at (303) 652-3663 ext 202 or her CFS cell: (303) 591-0516

# Current Volunteer Opportunities Spring 2010

## Volunteer Orientations are at the CFS warehouse

6363 Horizon Ln., Longmont CO 80503

**Please check our website: [communityfoodshare.org](http://communityfoodshare.org) for the best MAP**

**1.** Sort daily donations of produce, bakery, dairy, canned goods or frozen meals. We consistently need volunteers to sort daily donations of food in to food guide pyramid food groups, restock our shopper shelves, prepare bags of food for clients, repack bulk donations or help clean-up. Come for two hours or stay for four hours. Any weekday morning (8:30 - 12:30) or afternoon (12:30- 3:30).

**2.** Tuesday evening crew.

We gather each Tuesday evening from 3:30 - 6:30 p.m. to do a variety of projects, both in the warehouse and in the office. **It's a drop-in thing**, but you might call for directions and any current updates on activities we will be achieving.

warehouse projects: sorting, repacking, restocking, bagging or organizing food donations so they are ready for distribution to shoppers. pulling orders for a specific agency, sorting perishable and nonperishable food or cleaning

office projects: preparing mailings, checking receipts, word processing, phoning or copying

**3. Gardening/Gleaning**

We have a very productive garden plot near 55<sup>th</sup> and Arapahoe in Boulder that needs plenty of attention, beginning NOW. We also have a Master Gardener, Bert Nett, who can either point you in the right direction if you have gardening experience or can coach you if you are new to gardening and want to learn some of his gardening tricks! Just call me: Sue at CFS at (303) 652 3663 ext. 202 today and I will hook you up with Bert.

If you want to be involved in the harvesting (or gleaning) end of things, Dave Carlson is our contact with many local, donor farmers and is often looking for crews of gleaners to help harvest crops that farmers have donated. Gleaning usually begins in July, but call us anytime to be on the "on call" list of available gleaners! (303) 652-3663 ext. 202.

**4.. Drivers Assistant M-F, 7:00am – 12:30pm**

Assist one of our paid truck drivers or another volunteer truck driver as they pick up food donations or deliver food orders to agencies. You need to be able to lift 30 – 40 pounds off and on during the 4 to 5 hour period from 7:00 AM to 12:30PM. Must be at least 21 years old. **We need MUSCLE!**

**5. Drivers (using your vehicle or our vans or trucks to pick up and/or deliver food)**

A variety of drivers are needed. Anything from using your own vehicle, consistently deliver groceries to a route of elderly homebound, or driving our very large truck to pick up or deliver pallets of food from/to Denver or Greeley. Driver training and a clean driving record are required when driving our trucks

**6. “Customer Service”/Check-out “cashier” in the warehouse to help shoppers, Monday-Wednesday, ½ day a week.**

Assist our agency shoppers so they can quickly find the food products they need. You'll become familiar with the staff of many of the human service agencies and their food needs, and have the satisfaction of matching them with our available inventory. This position also includes working with our computer inventory program that provides each shopper with a receipt. We need people who are available Mon./Tues./Wed. to commit to ½ day.

**Thursday – Saturday, 8 am – 2pm** (3 hour shifts from 7:30am to 3:00pm)

Assist individual family members as they shop by restocking and organizing food. We have over 200 shoppers a day and restocking to keep ahead of them is a challenge. There is a fair amount of lifting and speaking Spanish is a plus!

**7. Elder Share Deliveries.**

Community Food Share supplies supplementary groceries to over 500 elderly people in Boulder and Broomfield Counties, using 10 local sites through the Elder Share Program. We need help delivering the food to either homebound persons or to a local distribution site. We are specifically looking for people who can make a six-month commitment to be available two times a month (either the 2nd & 4th or the 1st and 3rd days of the week). If you are interested in being an Elder Share volunteer, please call Sue at the numbers below. **(Immediate need for route drivers on the 1<sup>st</sup> and 3<sup>rd</sup> Thursday, 10am in Lafayette and 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays, 12:00noon in Longmont.)**

**Other Seasonal Opportunities:**

**Food Drive Greeters, Drivers, Sorters: Nov. 14-24, 2010 & April 20–May 1, 2011**

**Gardening (planting, weeding & harvesting): April through Oct. 2010**

Please call Community Food Share: 303-652-FOOD  
(3663) to sign-up or find out MORE about ANY of these  
opportunities!!

Sue Ericson is the volunteer manager, her extension is 202,  
cell is (303) 591-0516

**Reminder to use our website: [communityfoodshare.org](http://communityfoodshare.org) to get a map.**